

4 DAYS 3 NIGHTS
RURAL REFUGES OF ALTITUDE 3350 M.A.S.L.
EL COCUY NATIONAL HERITAGE TOWNS
ACCLIMATIZATION JOURNEY
3 DEEP HIKE IN THE NATIONAL NATURAL PARK

COCUY NATIONAL NATURAL PARK

Located in the eastern range of the Colombian Andes, the department of Boyacá. The high Range of El Cocuy. The largest Glacier in Colombia, with around 30km square glacier, more than 20 snow peaks that exceed 5000 masl. Three Hike trails open, more than 50 km of mountain between 3600 and 5330 m.a.s.l. Representative flora and fauna as the Eagles, Hummingbirds, Lizards, Deers, Pumas and Bears.



NATIONAL HERITAGE TOWN

EL COCUY BOYACA
2750 m.a.s.l.

Is the capital of the mountaineering in Colombia, Was the Fourth town founded after of the conquers organization in 1541

Town that retains its intact architectural tradition sacred archeological places, local farmer's activities, crafts, traditions and culture.



ECOSYSTEMS

Andean Forest

High Andean Forest

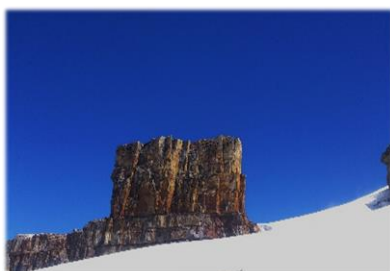
Páramo



Súper páramo



Perpetual Snow



Flora & Fauna



ITINERARY

Day 1

Meeting in El Cocuy, Register in National Park, ascend at the refuge and acclimatization walk

Meet in El Cocuy 08.00 Welcome, Presentation of the guides. Meeting with the National Park (virtual) mandatory for the entrance. Registration
Short local trip to know about the history, architecture, crafts and local coffee

Ascent by car at the rural lodge **3350masl.**

Acclimatization walk around 3800m Local flora, fauna, farmers. Dinner and rest. Cabin provides beds and blankets

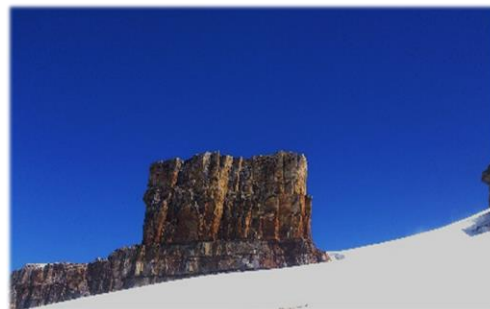


Day 2

South Trek. Lagunillas Pulpito del Diablo 4850 m.a.s.l.

Starting to walk at 6:00 am and 3900m. crossing the lagunillas glacier valley, the laguna pintada (paramo lake) then ascending for the old morain, having the view of big walls of 500m and peaks of more than 5000m of altitude. Then arriving at the glacier at 4850m the view direct of the super amazing "pulpito del diablo" de big square rock and Pan de Azucar glacier at 5150m altitude.

Total length: 18 km
Altitude: 3900 / 4850 m.a.s.l.
Temperaturure: -2 / 18 °C
Time trek: 8 hrs



Day 3

Center Trek. Laguna Grande de la Sierra 4700 m.a.s.l.

Starting walk at 6:00 am at 3600m., crossing through the high andean forest the first 3 km, Then reaching the Frailejon Valley at 3800m., Paramo ecosystem, super paramo, later at 4600m the big glacier lake, the second largest in the park. Around the huge big peaks of 5000m. Then 1.6 km more we reach at the border of the glacier at 4700m. Launch by the way. In the afternoon back at the refuge, dinner and rest

Total length: 21.0 km
Altitude: 3600 / 4700 m.a.s.l.
Temperaturure: -2 / 18 °C
Time trek: 10 hrs



Day 4

North Trek. Ritacuba 4950 m.a.s.l

This trek start in the valley of Playitas river. At 3900m., first advancing between the valley of frailejones and entering in the protected area. Then crossing the super paramo ecosystem at 4600m. until the border of the glacier in 4950m. the maximum altitude possible to reach in the range.

Total lengh: 16 km
Altitude: 3900 / 4950 m.a.s.l.
Temperatures: -2 / 18 °C
Time trek: 8 hrs



WHAT IS INCLUDED?

3 NIGHTS IN RURAL REFUGE 3400 m.a.s.l.

Managed by a farmer family. We are spending the nights on the farm of Marta and Timo. They have two simple guest rooms with WC/shower (bed linen is provided). Senora Marta cooks very tasty local dishes and their hospitality gives you a wonderful insight into the life of the local farmers.

MEALS

4 Breakfast, 4 lunches, 3 dinners



TRANSPORTATION

4WD Montero Mitsubishi During all days of expedition

Day 1: From the Cocuy town to the cabin

Day 2: From the cabin to the begin of the trek and back

Day 3: From the cabin to the second trek and back down at the town

LOCAL GUIDE

Professional local guide

English speaker (B2)

Trained in high mountain search and rescue

ENTRANCE AT THE PARK & INSURANCE TRAVEL

Mandatory for the trek, we fix the procedure registration in the office (for this is require the passport), we provide also insurance travel.